ALLĒLŪIA: Laudā, Jerusalem, Dominum; laudā Deum tuum, Siōn.

Alleluia: Praise the Lord, O Jerusalem; praise thy God, O Sion.

Quoniam confortāvit serās portārum tuārum; benedīxit fīliīs tuīs in tē.

Because he hath strengthened the bolts of thy gates, he hath blessed thy children within thee.

- Quī posuit fīnēs tuōs pācem, et adipe frūmentī satiat tē.

  Who hath placed peace in thy borders, and filleth thee with the fat of corn.
- Quī ēmittit ēloquium suum terrae; vēlōciter currit sermō ejus.

  Who sendeth forth his speech to the earth; his word runneth swiftly.
- Quī dat nivem sīcut lānam; nebulam sīcut cinerem spargit.

  Who giveth snow like wool; scattereth mists like ashes.
- Mittit cristallum suum sīcut buccellās; ante faciem frīgoris ejus quis sustinēbit?

He sendeth his crystal like morsels; who shall stand before the face of his cold?

Ēmittet verbum suum, et liquefaciet ea; flābit spīritus ejus, et fluent aquae.

He shall send out his word, and shall melt them; his wind shall blow, and the waters shall run.

Quī adnūntiat verbum suum Iācōb; jūstitiās, et jūdicia sua Isrāhēl

Who declareth his word to Jacob; his justices and his judgments to Israel.

Non fēcit tāliter omnī nātionī, et jūdicia sua non manifestāvit eīs.

He hath not done in like manner to every nation, and his judgments he hath not made manifest to them.